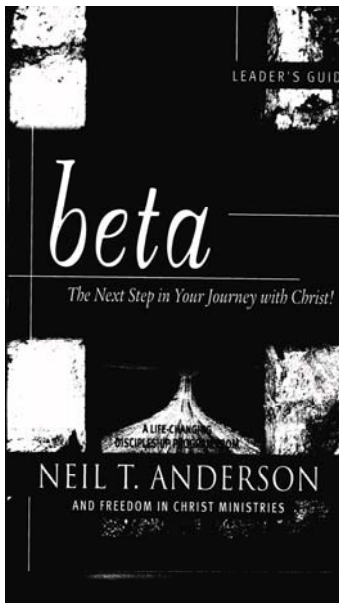


# ALIVE AND FREE

## Newsletter

FALL 2004

### “TAKE FAITH TO THE NEXT LEVEL” WITH THE BETA DISCIPLESHIP PROGRAM



Whether you are seeking after a deeper understanding of walking with Christ or if you desire a tool to help you disciple others in their faith then the Beta course by Dr Neil T. Anderson can help you.

Becoming more like Christ isn't an easy task- it's a life-long endeavor. For those just beginning their walk with Christ-or those simply unsure how to proceed-Beta supplies simple, practical guidance to help them weave faith into every aspect of their lives. Participants will come to understand the battle for their

minds and how they can be emotionally free from their past through faith in God and the power of forgiveness. They will be given a safe opportunity to resolve personal and spiritual conflicts so that they can begin the journey of conforming to the image of God.

These materials are flexible enough to use in a variety of situations including Sunday School and home or cell groups. Use them to supplement a class for new Christians or let them serve the dual purpose of leading people to Christ.

The Beta program is an excellent follow up program for those who have gone through the Alpha program and have recently become believers. It allows them to take the next step in their faith and helping them become powerful disciples for Him!

Many Christians need to return to their first love, re-discovering the joy of the Lord. Beta jump starts their walk with God, enabling them to experience the freedom that every Christian can enjoy.

### PRAY FOR FREEDOM IN CHRIST CANADA

We value your prayers for our ministry as we have many opportunities to help captives find their freedom. This fall our primary focus is getting the word out about *beta*. We have begun to contact churches about this exciting and dynamic new discipleship model, and have been encouraged with the response. Over 20 churches have already begun to use this material, and we are in the process of making presentations across Canada in a *beta* preview tour.

Our first presentation in Swift Current was very well received and a number of churches have committed to use *beta*. Please pray as Clay Bergen, the Director of Freedom In Christ Canada is scheduled to make 10 presentations in Manitoba from Oct. 12 - 15. Our prayer is that these will be significant contacts to see the message of freedom reach many more people. A *beta* preview tour is also being planned for Alberta in November and other provinces

in 2005. This is a great new discipleship tool that can make a difference. We also need your prayers and support for our ongoing freedom ministry. With some of staff traveling around the world (see pg. 2-3) our office staff will need prayer to keep everything on track. Our financial support has been down this past summer and we have some major expenses coming with the *beta* tour.

Prayer  
Corner

## CANADIAN STAFF IN SWITZERLAND

On October 16 of this year the Canadian, Freedom and Christ staff will be saying farewell to Linda and Ed Smith as they head to Switzerland for five weeks. God has opened the door for them to travel to various community centers and churches to share the **“Spiritual Protection For Your Children”** workshop that they have been designing. This four hour workshop will be told in context with the story of their daughter Cheri. Ed and Linda’s support letter explains that, “In June of 1990 our daughter Cheri was murdered on the streets of Victoria BC. After this tragic event we knew that God was leading us to share the story of how a healthy girl, raised in a loving Christian home, could be lured into prostitution and seemingly turn her back on everything she had been taught. We told God that if He opened the doors, then we would be willing to tell Cheri’s story wherever He asked us to

go. God has been faithful! He has allowed us to share Cheri’s story to thousands of people in many areas of Canada. Most of these presentations have been to school children warning them of the dangers of the street.

The letter continues “Because most of these opportunities to speak ( over 600 times) were in schools, we have been unable to share the real heart of our story about Cheri, which is how God sustained us during the difficult time of Cheri’s prostitution and death and what He has shown us about the spiritual battle that is going on for the lives of our children. We now have an opportunity to share this part of our story. In August of 2002, we began to work with **Freedom in Christ (FIC) Canada**. Using what we have learned from Cheri’s life and **FIC** material, we have developed a workshop entitled **“Spiritual Protection For Your Children”** In this workshop we help parents exercise the spiri-

tual authority they have to protect their children from spiritual attacks. We have presented this workshop several times at **FIC** conferences and have been encouraged by the positive response from those who attended. Now God has opened the door for us to go to Switzerland to do the **“Spiritual Protection For Your Children”** workshop. This is something new for us and seems like a big step, but God has been faithful in the past so we are believing for His provision for the future. “

So, while the office will not be the same without the Smiths around, we as a staff are so excited for this stretching and challenging experience that God has given them. We encourage you to join us in supporting the Smiths in prayer as they prepare for and then go to Switzerland.

**“We told God that if He opened the doors, we would be willing to tell Cheri’s story wherever He asked us to go.”**

### Prayer Requests:

- That the finances they need would be provided.
- Travel mercies and Divine appointments.
- That God would be preparing the hearts of the individuals that will hear Ed and Linda share.



Ed and Linda Smith

## PHILIPPINES BOUND

On October 6th Robert and Grace Toews, the former directors of Freedom In Christ Canada will be departing for the Philippines where they have been invited to share the message of Freedom in Christ with local churches and pastors.

Robert and Grace are currently owners of a retreat center called Freedom Acres in Lumsden Saskatchewan. Until the retreat center sells they continue to minister to hurting individuals using the Freedom in Christ materials. For six weeks this fall the Toews will have the opportunity to present the Freedom In Christ material to several Filipino churches and at two pastor retreats. They will even have the opportunity to present in the Cebu Alliance

Bible School of Theology.

Robert and Grace have requested prayer for several things regarding their ministry abroad. Please join us in praying that they would be fully prepared in every way both spiritual and physically. Pray that those to whom they are ministering would be prepared to receive the message of Freedom in Christ and apply it to themselves personally and that these Christians would continue in their personal freedom and use the Steps to Freedom effectively after they leave. Also pray for traveling mercies, good health and energy, wisdom, discernment, knowledge and the Lord's love as they work with the Philippines pastors and lay people. The Toews will be traveling

from Manila to Brunei and back again. They request prayer for reasonably priced flights and days of refreshing rest after many days spent traveling.

Please pray too that they would have opportunities to speak truth and show love to one of Robert's relatives who has back slidden in his walk with Christ and whom they will have a opportunity to see while away.

Finally the Toews have been trying to sell the Freedom Acres retreat centre and have been unable to find a buyer for the property. They wait on God's timing, but ask for your prayers in having patience and guidance in finding the buyer that God has in mind for the property.

Pray also that God will be preparing the right buyer for Freedom Acres, one who has a vision to use it for God's purposes.

Grace and Robert have been and continue to be a blessing to the Freedom In Christ ministry here in Canada and we want to bless and encourage them with our prayers as they head to the Philippines



Grace and Robert Toews

## NEW RELEASE: OVERCOMING DEPRESSION

Right now, millions of Christians are suffering from depression-but this silent pain does not have to continue. Solutions exist, and Neil and Joanne Anderson have made them accessible to all in this guide for breaking free from depression.

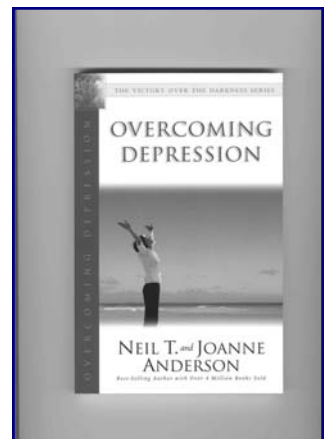
This little book outlines your Christ-centered road map to recovery. It contains a powerful, life changing message that will help you overcome depression with God's

strength at your side. You'll get a complete description of both spiritual and physical symptoms of depression and gain insight into the comprehensive treatments that yield healing and unimaginable freedom-and so much more.

When you choose to accept your birthright to peace and joyfulness as a child of God, He will give you the strength to fully overcome depression and discover new life in Him.

*I will be glad and rejoice in your love, for you saw my affliction and knew the anguish of my soul. Psalm 31:7 NIV*

**"Depression is an ache in the soul that crushes the spirit. You do not have to live like this."**



## WALKING IN FREEDOM DEVOTIONAL

This month's back page devotional comes from Neil Anderson and Rich Miller's 21 day devotional book called "Walking in Freedom." The following excerpt is taken from Day Four of the Study and is titled:

**"Holy, Holy, Holy": The Truth About Freedom:**

Scripture Reading-  
Ephesians 4

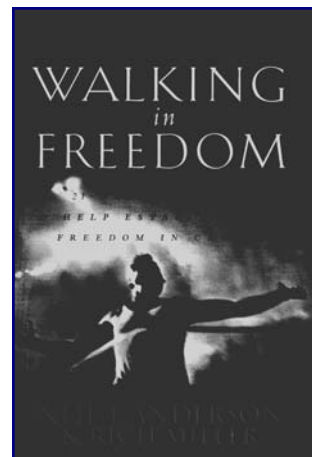
The revelation of Scripture, makes it clear that the most striking attribute of God, the one characteristic of Him that arrests the attention of those that see Him, is that He is holy. We must return to a biblical understanding of the holiness of God. . .

In essence, living free in Christ means living according to who we really are as children of God. When our behavior as Christians lines up with our identity as holy ones (saints) filled with the Holy Spirit, we experience freedom. When we live a fleshly or worldly identity instead, we get trapped in sin. Paul's second letter to the Corinthians reveals this truth:

For we are a temple of the living God; just as God said, "I will dwell in them and walk among them; and I will be their God, and they shall be My people. Therefore, come out from their midst and be separate," says the Lord. "And do not touch what is unclean; and I will welcome you. And I will be your father to you, and you shall be sons

and daughters to Me," says the Lord Almighty. Therefore, having these promises, beloved, let us cleanse ourselves from all defilement of flesh and spirit, perfecting holiness in the fear of God (2 Cor. 6:16-7:1).

We fear God the Lord when we live with the conscious awareness of an omnipotent, omniscient and holy God. It springs from a deep reverential awe of Him, resulting in a life that hates sin and loves righteousness. It is the pursuit of holiness, seeking to work out the salvation that God has already worked in us (see Phil 2:12, 13) through the enabling power of the Holy Spirit. It is the life of a saint. It is the life of Freedom.



### WHO IS FREEDOM IN CHRIST CANADA?

#### What we Do

Freedom in Christ Canada (FIC) is a national, interdenominational organization based in Regina Saskatchewan. With an emphasis on Christian principles we help those struggling with addictions, depression, fear and anxiety. Our staff provide training and counseling through seminars, workshops and resources with an emphasis on equipping volunteers to do the same.

#### What We Believe

The Word of God is the authority by which we live. By understanding from God's Word the truth of our identity, position, purpose, authority and protection in Christ, we can reclaim our spiritual heritage. When Christians resolve personal and spiritual conflicts and understand their identity in Christ they are able to stop the cycle of sin and despair and live in victory.



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