

How Freedom Appointments Change People's Lives

The accepted recovery rate by the American Psychiatric Association for patient recovery rates counseled by psychiatrists, psychologists, and psychotherapists is 10-15%! Christian Counselors such as Dr. Judith King have done studies on the impact of the Freedom in Christ Conferences on peoples lives. They estimate that 50-85% of the people leave Freedom Conferences with their spiritual and personal conflicts significantly resolved! An additional 10-15% need special attention through what we call "Freedom Appointments" performed by trained lay-counselors during or post-Conference. The Freedom Appointments use intensive prayer and a 7-step process to help people replace the lies of Satan with Christ's truths. These psychologists found that, on the average, people going through the Freedom Steps experienced the following reductions in their particular disorder expressed here as "improvements":

<u>Complaint</u>	<u>Average Improvement</u>
Depression	47%
Anxiety	44%
Tormenting Thoughts	58%
Uncontrolled Habits	43%
Inner Conflicts	51%

More recently independent medical researchers from the University of Texas also assessed the impact of Freedom in Christ Conferences on people's lives and found a similar 40-50% improvement in these same areas! These independent researchers found the following improvements measured four months after the Freedom Appointments:

<u>Complaint</u>	<u>Average Improvement</u>
Depression	44%
Anxiety	45%
Fear	48%
Anger	36%
Tormenting Thoughts	51%
Self-esteem	52%
Satisfaction in Relationships	56%

Discipleship Counseling

Helping Others Find Their Freedom in Christ by Using the Steps to Freedom



Learn how to help others find their identify and freedom in Christ. This workshop will give you the background to explain why the "Steps to Freedom in Christ" are so effective in helping people resolve personal and spiritual conflicts in their lives. You will also learn the practical aspects of taking a person through the Steps.

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Helping Others Find Their Freedom in Christ by Using the Steps to Freedom

This workshop gives you tools and instruction to help someone go through the personal steps.

DATE:

TIME:

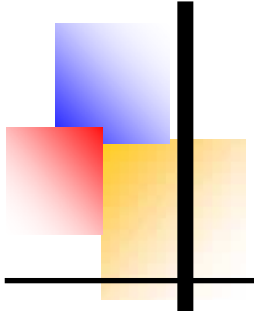
PLACE:

The workshop cost is \$50 per person or \$75 per couple, which includes:

- **One Day Workshop (6 hours)**
- **Encouragers Training Manual**
- **Steps to Freedom Workbook**

Prerequisites of helping others find their freedom:

- Read the following books by Dr. Neil T. Anderson
 - Victory Over the Darkness
 - The Bondage Breaker
 - Discipleship Counseling
- Have a personal appointment to go through the Steps
- Be a prayer partner during a Steps appointment
- Attend a "Discipleship Counseling Workshop"
- Approval from pastor and/or spiritual leadership



Who should attend a "Discipleship Counseling" workshop?

This Discipleship Counseling Workshop is designed for:

1) Individuals who:

- have found their own freedom in Christ
- have a burden to see Christians walk in victory
- have a caring heart for others
- are mature Christians
- can keep confidences
- know how to pray and spend time in the Word
- are willing to spend time learning new skills
- have a godly character as found in 2 Tim. 2:24-26
- feel called of God to this ministry
- are prepared to spend whatever time it takes to work through the Steps to Freedom with individuals

2) Those who have the blessing of a pastor in his/her own church to work as encouragers in taking others through the Steps to Freedom and are willing to work under proper authority.

3) Those who are willing to be prayer partners in a Steps appointment. The same criteria (above) apply to these individuals as to the encouragers.

"Therefore confess your sins to one another and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective." James 5:16